

<u>DAY</u>	<u>Time</u>	<u>Freq</u>	<u>Mode</u>	<u>Net Control</u>	<u>Details</u>
Monday	1000	3.742+/-	SSB	GW4PUC	SSB Net – Check both 3.742+/- and 7.170+/-
Monday	1830	3.585+/-	RTTY	None	RTTY Meeting Frequency
Monday	1900 GMT	<b>7.155 to 7.165+/-</b>	SSB	EA5AVL EA7JVZ	Overseas net. With assistance from UK Net Ctrl G2ABR. <b>1900 GMT or 2000 BST</b>
Tuesday	1000	3.742+/-	SSB	GW4PUC	SSB Net – Check both 3.742+/- and 7.170+/- for activity
Tuesday	1400	3.742+/-	SSB	M0OIC	SSB Net – in poor conditions look on 7.170+/-
Tuesday	1800	3.743+/-	SSB	G4SJY	SSB Net – Assisted by G6UUR
Wednesday	1000	3.742+/-	SSB	GW4PUC	SSB Net – Check both 3.742+/- and 7.170+/-
Wednesday	1830	3.565+/-	CW	G4LRG	CW Meeting Frequency
Wednesday	2030	1.946+/-	SSB	2E0BDS	SSB Net Conditions permitting
Thursday	1000	3.742+/-	SSB	GW4PUC	SSB Net – Check both 3.742+/- and 7.170+/-
Thursday	1400	7.170+/-	SSB	G0RGB	SSB Net – in Poor Conditions Look On 3.743+--
Thursday	1800	3.743+/-	SSB	G6NHY	SSB Net
Friday	1000	3.742+/-	SSB	GW4PUC	SSB Net – Check both 3.742+/- and 7.170+/-
Friday	1830	3.583+/-	PSK31	None	PSK Meeting Frequency
Sunday	1030	3.742+/-	SSB	GW4PUC	Chatterbox Net – Check both 3.742+/- and 7.170+/-
Sunday	1100	3.745+/-	SSB	GM4EMX	Highlands and Islands Net