

<u>Day</u>	<u>Time</u>	<u>FREQ MHz</u>	<u>Mode</u>	<u>Net Control</u>	<u>Details</u>
Monday	1000	3.742+/-	SSB	GW4PUC	SSB Net - Check both 3.742+/- and 7.170+/- for activity.
Monday	1830	3.585+/-	RTTY	None	RTTY Meeting Frequency
Monday	1900	7.170+/-	SSB	EA5AVL EA7JVZ	Overseas net. With assistance from UK Net Controller G2ABR. This net runs for 1 Hour and may be extended if required.
Tuesday	1000	3.742+/-	SSB	GW4PUC	SSB Net - Check both 3.742+/- and 7.170+/- for activity.
Tuesday	1400	3.742+/-	SSB	M0OIC	SSB Net - in poor conditions look on 7.170+/-
Tuesday	1800	3.743+/-	SSB	G4BXQ	SSB Net
Wednesday	1000	3.742+/-	SSB	GW4PUC	SSB Net - Check both 3.742+/- and 7.170 for activity.
Wednesday	1830	3.565+/-	CW	GM3KHH	Conditions permitting
Wednesday	2030	1.946+/-	SSB	2E0BDS	SSB Net - Conditions permitting
Thursday	1000	3.742+/-	SSB	GW4PUC	SSB Net - Check both 3.742+/- and 7.170 for activity.
Thursday	1400	7.170+/-	SSB	G0RGB	SSB Net - in poor conditions look on 3.743+/-
Thursday	1800	3.743+/-	SSB	G6NHY	SSB Net
Friday	1000	3.742+/-	SSB	GW4PUC	SSB Net - Check both 3.742+/- and 7.170 for activity.
Friday	1830	3.583	PSK31	None	PSK Meeting Frequency
Sunday	1030	3.742+/-	SSB	GW4PUC	Chatterbox Net - Check both 3.742+/- and 7.170+/-
Sunday	1100	3.745+/-	SSB	GM4FOZ	Highlands and Islands Net